

Kids' 3 Day Camp 2024

Date: ①June 7 (Fri.) - June 9 (Sun.) ②June 14 (Fri.) - June 16 (Sun.)
 ③June 21 (Fri.) - June 23 (Sun.) ④June 28 (Fri.) - June 30 (Sun.)
 ⑤July 5 (Fri.) - July 7 (Sun.) ⑥July 12 (Fri.) - July 14 (Sun.)
 ⑦July 16 (Tue.) - July 18 (Thu.) ⑧July 19 (Fri.) - July 21 (Sun.)
 ⑨July 23 (Tue.) - July 25 (Thu.) ⑩July 26 (Fri.) - July 28 (Sun.)
 ⑪August 2 (Fri.) - August 4 (Sun.) ⑫August 6 (Tue.) - August 8 (Thu.)
 ⑬August 9 (Fri.) - August 11 (Sun.) ⑭August 13 (Tue.) - August 15 (Thu.)
 ⑮August 16 (Fri.) - August 18 (Sun.)

Price: ①~⑪Under 12 years : ¥39,000
 ⑫~⑮Under 12 years : ¥43,000, 13 to 15 years : ¥46,000

Meeting point: NAC Centre
 1-2-4-8 Niseko Hirafu Kutchan-cho Abuta-gun, Hokkaido
 Tel: 0136-23-2093

What to bring:

- Changing clothes include socks and under wears
- Towels
- Drink and snack
- Hats, suncreams, bug spray
- marine shoes or strap on sandals(if you have them)

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| Day 1 | Go tree trekking at the largest course in Japan! River Kayak in the afternoon. |
| Day 2 | Climbing in the morning. Rafting in the afternoon. |
| Day 3 | SUP in the morning. Trekking in the afternoon. |

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| <u>Day 1</u> | 9:00 Meet at NAC 9:10 Head to the Adventure Park 9:15 Arrival - Adventure Park 10:00 Put your harness on, and enjoy tree trekking! 12:00 Lunch at Jojo's 13:00 Head to the Shiribetsu river 13:30 River kayaking 16:30 End of day | <u>Objectives:</u> |
| | | <ul style="list-style-type: none"> ★ Improve your concentration and body balance ★ Challenge yourself physically |
| <u>Day 2</u> | 9:00 Meet at NAC 9:10 Briefing for the climbing and enjoy climbing 12:00 Lunch at Jojo's 13:00 Briefing and preparations for rafting 13:30 Arrival at the starting point in Shiribetsu river 16:30 Rafting ends and head back to NAC | <u>Objectives:</u> |
| | | <ul style="list-style-type: none"> ★ Feel the sense of accomplishment ★ Learn about the difficulty of climbing ★ Challenge yourself physically ★ Enjoy and explore the river |
| <u>Day 3</u> | 9:00 Meet at NAC 9:10 Head to the Shiribetsu river 9:30 Stand up on a big and inflatable surfboard, and paddle yourself. 12:00 Find your balance. 13:00 Lunch 13:10 Head to the trekking site 16:30 Arrival and start of the trek Head back to NAC centre | <u>Objectives:</u> |
| | | <ul style="list-style-type: none"> ★ Finding your balance ★ Doing things on your own ★ Realize how important staying outdoors will help |

• We may change programs depending on the weather and the children's condition.