

Kids' 3 Day Camp 2022

Date: ①June 18 - June 20 ②July 3 – July 5 ③July 8 – July 10
④July 20 – July 22 ⑤July 25 – July 27 ⑥July 30 – August 1
⑦August 2 – August 4

Price: ¥28,000 inclusive of taxes, insurance and meals

Meeting point: NAC Centre

179-53 Yamada Kutchan-cho Abuta-gun, Hokkaido
Tel: 0136-23-2093

What to bring: • Changing clothes include socks and under wears

- Towels
- Drink and snack
- Hats, suncreams, bug spray
- marine shoes or strap on sandals(if you have them)

Day 1	Go tree trekking at the largest course in Japan! River Kayak in the afternoon.
Day 2	Climbing in the morning. Rafting in the afternoon.
Day 3	SUP in the morning. Trekking in the afternoon.

Day 1	9:00 Meet at NAC 9:10 Head to the Adventure Park 9:15 Arrival - Adventure Park 10:00 Put your harness on, and enjoy tree trekking! 12:00 Lunch at Jojo's (JoJo's original burger) 13:00 Head to the Shiribetsu river 13:30 River kayaking 16:30 End of day	Objectives:
		<ul style="list-style-type: none"> ★ Improve your concentration and body balance ★ Challenge yourself physically
Day 2	9:00 Meet at NAC 9:10 Briefing for the climbing and enjoy climbing 12:00 Lunch at Jojo's (Bolognese pasta) 13:00 Briefing and preparations for rafting 13:30 Arrival at the starting point in Shiribetsu river 16:30 Rafting ends and head back to NAC	Objectives:
		<ul style="list-style-type: none"> ★ Feel the sense of accomplishment ★ Learn about the difficulty of climbing ★ Challenge yourself physically ★ Enjoy and explore the river
Day 3	9:00 Meet at NAC 9:10 Head to the Shiribetsu river 9:30 Stand up on a big and inflatable surfboard, and paddle yourself. Find your balance. 12:00 Lunch at Jojo's (curry rice) 13:00 Head to the trekking site 13:10 Arrival and start of the trek 16:30 Head back to NAC centre	Objectives:
		<ul style="list-style-type: none"> ★ Finding your balance ★ Doing things on your own ★ Realize how important staying outdoors will help

• We may change programs depending on the weather and the children's condition.